

Reis



Blumen

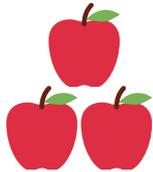


PERMASTART

PERMAKULTUR FÜR ALLE!



Eier-  
schalen-

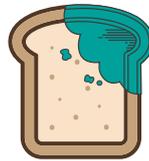


Obst

Gemüse

roh &  
gekocht

stark  
verschimmeltes



Fisch

**NEIN**



**JA**

Kaffee

Tee



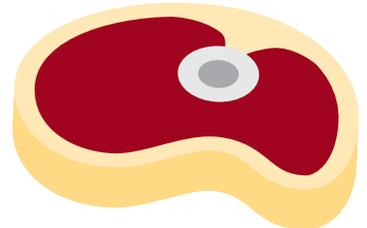
Blätter



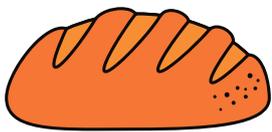
Nudeln



Holz



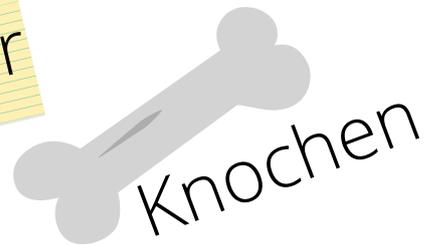
Fleisch



Brot



Papier



Knochen